
Discipleship Training 2016

Loving God with all
our heart, all our soul,
all our mind, and all
our strength

Jubilee Church

A DISCIPLE'S COVENANT

In order to grow maturity in Christ and completes Loving God Discipleship Training, I commit myself to the following standards:

1. Complete all assignments on a weekly basis.
2. Meet weekly (Sunday) with my discipleship partners for approximately one hour to dialogue over the content of the assignments.
3. Contribute to a climate of honesty, trust and personal vulnerability in a spirit of mutual upbuilding.
4. Give serious consideration to continuing the discipling chain by committing myself to invest in at least one person for the year following the initial completion of this training.

Name: _____

Signed: _____

Dated: _____

Session 1 – Loving God with All Your Heart I: A Broken and Contrite Heart

Core Truth

What is the crucial starting point that enables us to grow in our love for God and our neighbor?

The Scripture tells us that our immense Lord not only dwells in the highest heaven but is also magnetically drawn to the smallest heart (Isaiah 57:15). Our hearts roll out the welcoming mat to God's indwelling presence when they are marked by a broken and contrite spirit. We who are broken-hearted are essentially grief-stricken over our capacity for sin (Jeremiah 17:9), and yet our contrite state makes us the object of the Lord's reviving mercy.

1. Identify key words or phrases in the question and answer above, and state their meaning in your own words.

2. Restate the core truth in your own words.

3. What questions or issues does the core truth raise for you?

Memory Verses: Matthew 11:28-30 (NASB)

²⁸ "Come to Me, all who are weary and heavy-laden, and I will give you rest.

²⁹ "Take My yoke upon you and learn from Me, for I am gentle and humble in heart, and YOU WILL FIND REST FOR YOUR SOULS.

³⁰ "For My yoke is easy and My burden is light."

Jesus is the embodiment of humility. He lived in a state of constant communion with His Father and desired to do only His Father's will. The Father's pleasure in His Son, in turn, formed the foundation for Jesus' quality of life on earth. In our memory verses, Jesus invites us into that same life of "rest for our souls" that he experienced with His Father.

1. Putting it in context: Read Matthew 11:25-27. These verses provide the setting for our memory verses. How would you characterize Jesus' relationship with His Father?

2. The memory verses are Matthew 11:28-30. Copy the verses verbatim.

3. Jesus issues an invitation to the "weary and burdened." What state of heart do you think these words refer to?

4. Jesus offers "rest" to those who come to Him. What kind of rest is he talking about?

5. What do you think Jesus means by "take my yoke upon you and learn from me"? What is Jesus' yoke?

6. How does Jesus describe Himself? How are these qualities able to provide rest?

7. What would it mean for you to respond to Jesus' invitation to "come to me"? Can you identify where you might be "weary and burdened" in your soul? Where do you need rest?

Meditation of the Word & Prayer: Day 1

Read Psalm 51:1-10. What does God speak to you? What is your response to the Lord?

Write your own prayer with the following guideline:

1. Adoration

2. Confession

3. Thanksgiving

4. Supplication

Your own need

Intercession

Meditation of the Word & Prayer: Day 2

Read Psalm 51:11-19. What does God speak to you? What is your response to the Lord?

Write your own prayer with the following guideline:

1. Adoration

2. Confession

3. Thanksgiving

4. Supplication

Your own need

Intercession

Meditation of the Word & Prayer: Day 3

Read Psalm 130. What does God speak to you? What is your response to the Lord?

Write your own prayer with the following guideline:

1. Adoration

2. Confession

3. Thanksgiving

4. Supplication

Your own need

Intercession

Meditation of the Word & Prayer: Day 4

Read Matthew 5. What does God speak to you? What is your response to the Lord?

Write your own prayer with the following guideline:

1. Adoration

2. Confession

3. Thanksgiving

4. Supplication

Your own need

Intercession

Meditation of the Word & Prayer: Day 5

Read Psalm 2 Chronicle 7:14. What does God speak to you? What is your response to the Lord?

Write your own prayer with the following guideline:

1. Adoration

2. Confession

3. Thanksgiving

4. Supplication

Your own need

Intercession

Meditation of the Word & Prayer: Day 6

Read 1 John 1:9. What does God speak to you? What is your response to the Lord?

Write your own prayer with the following guideline:

1. Adoration

2. Confession

3. Thanksgiving

4. Supplication

Your own need

Intercession

Session 2 – Loving God with All Your Heart II: A Listening Heart

Core Truth

How do disciples align their hearts with the heart of God?

The goal of a discipleship is to grow to the point where the will of God is simply a reflexive, automatic response in the midst of life's daily circumstances. We learn to respond from a deep godly center indirectly by practicing the spiritual disciplines that address the inner regions of our decision-making center. Ultimately these practices put us in the position to listen to the voice of Jesus.

1. Identify key words or phrases in the question and answer above, and state their meaning in your own words.

2. Restate the core truth in your own words.

3. What questions or issues does the core truth raise for you?

Memory Verses: Matthew 15:9-11 (NASB)

⁹ "Just as the Father has loved Me, I have also loved you; abide in My love.

¹⁰ "If you keep My commandments, you will abide in My love; just as I have kept My Father's commandments and abide in His love.

¹¹ "These things I have spoken to you so that My joy may be in you, and that your joy may be made full.

In John 15, our Lord uses the image of the vine and the branches as a way to teach about the necessity of staying connected to Him as the life source. The goal of the Christian life, Jesus tells us, is to "bear much fruit" (John 15:8). This fruit is both quantitative (more disciples) and qualitative (better disciples). The evidence that we are bearing much fruit is love for God, demonstrated through obedience to His will.

1. Putting it in context: After reading John 15:1-8, put in your own words your understanding of the relationship between Jesus (the vine) and us (branches).
2. The memory verses are John 15:9-11. Copy the verses verbatim.
3. Jesus tells us that we are to remain in His love in the same way that he has remained in the Father's love. How do we do that?
4. What is the relationship between obedience and love?
5. In verse 11 Jesus says that the benefit of obedience is to have His joy in us. What was the joy of Jesus (see John 4:31-34; 15:9; Hebrews 12:1-4)?
6. Based upon our understanding of what Jesus' joy is, how does our joy become "complete"?
7. What do these verses teach us about the way we go about aligning our hearts with the heart of Jesus?

Meditation of the Word & Prayer: Day 1

Read Matthew 11:28-30. What does God speak to you? What is your response to the Lord?

Write your own prayer with the following guideline:

1. Adoration

2. Confession

3. Thanksgiving

4. Supplication

Your own need

Intercession

Meditation of the Word & Prayer: Day 2

Read Mark 4:14-15. What does God speak to you? What is your response to the Lord?

Write your own prayer with the following guideline:

1. Adoration

2. Confession

3. Thanksgiving

4. Supplication

Your own need

Intercession

Meditation of the Word & Prayer: Day 3

Read Mark 4:16-17. What does God speak to you? What is your response to the Lord?

Write your own prayer with the following guideline:

1. Adoration

2. Confession

3. Thanksgiving

4. Supplication

Your own need

Intercession

Meditation of the Word & Prayer: Day 4

Read Matthew 4:18-19. What does God speak to you? What is your response to the Lord?

Write your own prayer with the following guideline:

1. Adoration

2. Confession

3. Thanksgiving

4. Supplication

Your own need

Intercession

Meditation of the Word & Prayer: Day 5

Read 2 Timothy 3:16-17. What does God speak to you? What is your response to the Lord?

Write your own prayer with the following guideline:

1. Adoration

2. Confession

3. Thanksgiving

4. Supplication

Your own need

Intercession

Meditation of the Word & Prayer: Day 6

Read Hebrews 12:1-4. What does God speak to you? What is your response to the Lord?

Write your own prayer with the following guideline:

1. Adoration

2. Confession

3. Thanksgiving

4. Supplication

Your own need

Intercession

Session 3 – Loving God with All Your Soul I: A Soul that Thirsts for God

Core Truth

What does our soul long for most deeply?

Our soul's most basic craving is to be known and embraced by the God who made us for Himself. The Bible captures this longing with the image of our souls as parched lands that thirst for the refreshing water that only the Lord Himself can supply. To love God with all our soul is to acknowledge that He is the only ultimate satisfaction for our soul.

1. Identify key words or phrases in the question and answer above, and state their meaning in your own words.

2. Restate the core truth in your own words.

3. What questions or issues does the core truth raise for you?

Memory Verses: Psalm 42:1-2 (NASB)

As the deer pants for the water brooks, So my soul pants for You, O God.

² My soul thirsts for God, for the living God; When shall I come and appear before God?

Our memory verses are part of a psalm couplet tied together by a repeated refrain, “Why are you downcast, O my soul? Why so disturbed within me? Put your hope in God” (Psalm 42:5, 11; 43:5). The psalmist is evidently distressed and, you could say, even depressed. Yet he is crying out for the only One who can deliver him from his circumstances and bring ultimate satisfaction to his soul.

1. Putting it in context: Read Psalm 42 and 43. How would you describe the state of psalmist’s soul, and to what is he looking to pull himself out of this state?
2. The memory verses are Psalm 42:1-2. Copy the verses verbatim.
3. What words express the depth of the psalmist’s desire?
4. How does image of “thirst” capture this longing?
5. What does the psalmist seem to be missing?
6. Do you think thirst for God is a universal human experience? Why or why not?
7. Where in your life right now do you identify with the psalmist’s longing?

Meditation of the Word & Prayer: Day 1

Read Isaiah 55:1-5. What does God speak to you? What is your response to the Lord?

Write your own prayer with the following guideline:

1. Adoration

2. Confession

3. Thanksgiving

4. Supplication

Your own need

Intercession

Meditation of the Word & Prayer: Day 2

Read Isaiah 55:6-13. What does God speak to you? What is your response to the Lord?

Write your own prayer with the following guideline:

1. Adoration

2. Confession

3. Thanksgiving

4. Supplication

Your own need

Intercession

Meditation of the Word & Prayer: Day 3

Read Psalm 103. What does God speak to you? What is your response to the Lord?

Write your own prayer with the following guideline:

1. Adoration

2. Confession

3. Thanksgiving

4. Supplication

Your own need

Intercession

Meditation of the Word & Prayer: Day 4

Read John 7:37-39. What does God speak to you? What is your response to the Lord?

Write your own prayer with the following guideline:

1. Adoration

2. Confession

3. Thanksgiving

4. Supplication

Your own need

Intercession

Meditation of the Word & Prayer: Day 5

Read Jeremiah 2:13. What does God speak to you? What is your response to the Lord?

Write your own prayer with the following guideline:

1. Adoration

2. Confession

3. Thanksgiving

4. Supplication

Your own need

Intercession

Meditation of the Word & Prayer: Day 6

Read Mark 10:14. What does God speak to you? What is your response to the Lord?

Write your own prayer with the following guideline:

1. Adoration

2. Confession

3. Thanksgiving

4. Supplication

Your own need

Intercession

Session 4 – Loving God with All Your Soul II: A Soul...Fully Alive...to the Glory of God

Core Truth

What does it mean to be soulful beings?

As people we do not have souls; we are souls. The soul does not exist as some compartment in our life, separate and distinct from body, mind and spirit. Our soulfulness is the integration of these three aspects into one personality, which is the unique expression of who God has created us to be. We love God with all of our soul when we present our personality to Him so that we can become the distinct characters in God's drama we were intended to be.

1. Identify key words or phrases in the question and answer above, and state their meaning in your own words.

2. Restate the core truth in your own words.

3. What questions or issues does the core truth raise for you?

Memory Verses: Psalm 139:23-24

²³ Search me, O God, and know my heart; Try me and know my anxious thoughts;

²⁴ And see if there be any hurtful way in me, And lead me in the everlasting way.

C.S. Lewis has written, “I read in a periodical the other day that the fundamental thing is how we think of God. By God Himself, it is not! How God thinks of us is not only important, but infinitely more important. How does God view us? Where do we fit into his heart? Are you known by Him? These are the questions that our text addresses.

Meditation of the Word & Prayer: Day 1

Read Mark 8:35. What does God speak to you? What is your response to the Lord?

Write your own prayer with the following guideline:

1. Adoration

2. Confession

3. Thanksgiving

4. Supplication

Your own need

Intercession

Meditation of the Word & Prayer: Day 2

Read John 10:10. What does God speak to you? What is your response to the Lord?

Write your own prayer with the following guideline:

1. Adoration

2. Confession

3. Thanksgiving

4. Supplication

Your own need

Intercession

Meditation of the Word & Prayer: Day 3

Read John 6:35. What does God speak to you? What is your response to the Lord?

Write your own prayer with the following guideline:

1. Adoration

2. Confession

3. Thanksgiving

4. Supplication

Your own need

Intercession

Meditation of the Word & Prayer: Day 4

Read John 17:3. What does God speak to you? What is your response to the Lord?

Write your own prayer with the following guideline:

1. Adoration

2. Confession

3. Thanksgiving

4. Supplication

Your own need

Intercession

Meditation of the Word & Prayer: Day 5

Read Psalm 139:1-12. What does God speak to you? What is your response to the Lord?

Write your own prayer with the following guideline:

1. Adoration

2. Confession

3. Thanksgiving

4. Supplication

Your own need

Intercession

Meditation of the Word & Prayer: Day 6

Read Psalm 139:13-18. What does God speak to you? What is your response to the Lord?

Write your own prayer with the following guideline:

1. Adoration

2. Confession

3. Thanksgiving

4. Supplication

Your own need

Intercession

Session 5 – Loving God with All Your Mind I: **Having the Mind of Christ**

Core Truth

What does it mean to love God with all your mind?

Since the mind is the lens through which we see life, it is imperative that the mind be cleansed of falsehood. The Scriptures start with the fact that our minds have been distorted because of our refusal to acknowledge God as the ultimate reality, which in turn has led to false assumptions about life. We love God with our minds by absorbing the truth about who God is as revealed in Scripture and aligning our lives accordingly; in other words, it is through the absorption of Scripture into our way of thinking that we take on the mind of Christ.

1. Identify key words or phrases in the question and answer above, and state their meaning in your own words.
2. Restate the core truth in your own words.
3. What questions or issues does the core truth raise for you?

Memory Verses: Mark 10:42-45 (NASB)

⁴² Calling them to Himself, Jesus said to them, "You know that those who are recognized as rulers of the Gentiles lord it over them; and their great men exercise authority over them. ⁴³ "But it is not this way among you, but whoever wishes to become great among you shall be your servant; ⁴⁴ and whoever wishes to be first among you shall be slave of all. ⁴⁵ "For even the Son of Man did not come to be served, but to serve, and to give His life a ransom for many."

Jesus is the embodiment of humility. He lived in a state of constant communion with His Father and desired to do only His Father's will. The Father's pleasure in His Son, in turn, formed the foundation for Jesus' quality of life on earth. In our memory verses, Jesus invites us into that same life of "rest for our souls" that he experienced with His Father.

1. Putting it in context: Read Mark 20:35-41. What was the mindset that led James and John to request a special position when they were with Jesus in His glory? How did this affect the other ten disciples?

2. The memory verses are Mark 10:42-45. Copy the verses verbatim.

3. In verse 42, how does Jesus summarize the view of power and authority that was serving as the model for the disciples?

4. According to verses 43-44, what is the view of power and authority that Jesus seeks to put in place of the world model?

5. What changes of thinking does this require for you? In what specific situations can you see yourself living this out?

6. What feelings surface within you as you contemplate adopting this way of thinking?

7. In verse 45, how does Jesus use Himself as the final argument for His position? How did Jesus' view of His identity and role work itself in His life and ministry?

8. What motivation does this provide for you to adopt this view "new mind in Christ"?

Meditation of the Word & Prayer: Day 1

Read Romans 12:1-2. What does God speak to you? What is your response to the Lord?

Write your own prayer with the following guideline:

1. Adoration

2. Confession

3. Thanksgiving

4. Supplication

Your own need

Intercession

Meditation of the Word & Prayer: Day 2

Read Philippians 4:4-10. What does God speak to you? What is your response to the Lord?

Write your own prayer with the following guideline:

1. Adoration

2. Confession

3. Thanksgiving

4. Supplication

Your own need

Intercession

Meditation of the Word & Prayer: Day 3

Read Philippians 4:11-13. What does God speak to you? What is your response to the Lord?

Write your own prayer with the following guideline:

1. Adoration

2. Confession

3. Thanksgiving

4. Supplication

Your own need

Intercession

Meditation of the Word & Prayer: Day 4

Read Colossians 3:1-4. What does God speak to you? What is your response to the Lord?

Write your own prayer with the following guideline:

1. Adoration

2. Confession

3. Thanksgiving

4. Supplication

Your own need

Intercession

Meditation of the Word & Prayer: Day 5

Read Colossians 3:5-11. What does God speak to you? What is your response to the Lord?

Write your own prayer with the following guideline:

1. Adoration

2. Confession

3. Thanksgiving

4. Supplication

Your own need

Intercession

Meditation of the Word & Prayer: Day 6

Read Colossians 3:12-17. What does God speak to you? What is your response to the Lord?

Write your own prayer with the following guideline:

1. Adoration

2. Confession

3. Thanksgiving

4. Supplication

Your own need

Intercession

Session 6 – Loving God with All Your Mind II: **The Transformation of the Mind**

Core Truth

Why is the mind the primary location of our transformation into Christlikeness?

The mind is the most important faculty in the human makeup. The ideas and images that shape our mind determine how we feel, how we behave and what we ultimately live for. We have been given minds to that we can search out the highest and most important truth, which is to be known and claimed by God and then to live accordingly. In Christ, we enter into a lifelong process of transformation in which we're continuously adjusting our thinking by banishing distortions of God's reality while putting on His new way of seeing.

1. Identify key words or phrases in the question and answer above, and state their meaning in your own words.

2. Restate the core truth in your own words.

3. What questions or issues does the core truth raise for you?

Memory Verses: Philippians 4:8 (NASB)

⁸ Finally, brethren, whatever is true, whatever is honorable, whatever is right, whatever is pure, whatever is lovely, whatever is of good repute, if there is any excellence and if anything worthy of praise, dwell on these things.

The quality of life is directly related to the health of our thoughts. The apostle Paul believes that we can train our minds to think about those things that will lift our spirit and ennoble us. We need not be victims of our feelings or of the stimulants around us; we can actually choose the climate of our life by what we think. This is Paul's admonition in our memory verse.

1. Putting it in context: Read Philippians 4:4-13. In this broader setting Paul suggests a number of noble choices as to where we can focus our thoughts. What are they?

2. The memory verse is Philippians 4:8. Copy the verse verbatim.

3. In verse 8, specifically, Paul piles up a number of words to describe where our thoughts should dwell. List each of the words and give one illustration of that characteristic (e.g., true: God is light and in Him is no darkness at all).

4. Paul is conversely implying that we should not place our thoughts on things that would be degrading or things that will not bring the best out of us. What might be some of the things we should avoid?

5. What implications does this have for the images we dwell on (e.g., TV, movies, music, etc.) or the kind of material we read?

6. What is one specific choice you could make to jettison something that is degrading and replace it with something that is God-honoring?

Meditation of the Word & Prayer: Day 1

Read Psalm 19:1-6. What does God speak to you? What is your response to the Lord?

Write your own prayer with the following guideline:

1. Adoration

2. Confession

3. Thanksgiving

4. Supplication

Your own need

Intercession

Meditation of the Word & Prayer: Day 2

Read Psalm 19:7-14. What does God speak to you? What is your response to the Lord?

Write your own prayer with the following guideline:

1. Adoration

2. Confession

3. Thanksgiving

4. Supplication

Your own need

Intercession

Meditation of the Word & Prayer: Day 3

Read Matthew 6:22-23. What does God speak to you? What is your response to the Lord?

Write your own prayer with the following guideline:

1. Adoration

2. Confession

3. Thanksgiving

4. Supplication

Your own need

Intercession

Meditation of the Word & Prayer: Day 4

Read Philippians 4:8. What does God speak to you? What is your response to the Lord?

Write your own prayer with the following guideline:

1. Adoration

2. Confession

3. Thanksgiving

4. Supplication

Your own need

Intercession

Meditation of the Word & Prayer: Day 5

Read Ephesians 4:17-24. What does God speak to you? What is your response to the Lord?

Write your own prayer with the following guideline:

1. Adoration

2. Confession

3. Thanksgiving

4. Supplication

Your own need

Intercession

Meditation of the Word & Prayer: Day 6

Read Psalm 23:7a. What does God speak to you? What is your response to the Lord?

Write your own prayer with the following guideline:

1. Adoration

2. Confession

3. Thanksgiving

4. Supplication

Your own need

Intercession

Session 7 – Loving God with All Your Strength I: **Focusing Our Energy**

Core Truth

What does it mean to love God with all of our strength?

Our strength is our capacity or ability to serve God with the passion and energy he has given us as bodily creatures in order to fulfill his call upon our lives. Like athletes training for competition, farmers preparing for a harvest or soldiers under orders (2 Timothy 2:3-6), lovers of God bring their spirit and body under self-mastery in order to align all of their efforts toward fulfilling God's purpose for their life.

1. Identify key words or phrases in the question and answer above, and state their meaning in your own words.

2. Restate the core truth in your own words.

3. What questions or issues does the core truth raise for you?

Memory Verses: Colossians 1:28-29 (NASB)

²⁸ We proclaim Him, admonishing every man and teaching every man with all wisdom, so that we may present every man complete in Christ.

²⁹ For this purpose also I labor, striving according to His power, which mightily works within me.

The person of Paul dominates this chapter because his teaching and life are so illustrative of the focused energy that is called for to fulfill our love of God. In our memory verses Paul sums up both the substance of his call and the passion he has to fulfill it. Like him, we each have a claim from God upon our lives, and we too are to complete it with fervor. As we look at Paul's example, let's also take our spiritual temperature in order to measure our enthusiasm level.

1. Putting it in context: Read Colossians 1:24-2 as a backdrop to Paul's personal mission statement. What role does Paul see himself fulfilling among the Gentiles?
2. The memory verses are Colossians 1:28-29. Copy the verses verbatim.
3. In Verse 28, Paul gives a succinct summary of his mission. How would you characterize what it is that energizes Paul's life?
4. Compare Paul's statement of his mission with the mission Jesus gave to the entire church in Matthew 28:19-20. How has Paul personalized what Jesus commanded?
5. How do you personally react to the intensity Paul conveyed here?
6. Do you agree or disagree with the statement: "Paul is an extreme example of commitment, and therefore an exception to the kind of focused energy that we should have"? Explain your answer.
7. What does Paul's example teach you about loving God with all of your strength?

Meditation of the Word & Prayer: Day 1

Read Ephesians 4:17-18. What does God speak to you? What is your response to the Lord?

Write your own prayer with the following guideline:

1. Adoration

2. Confession

3. Thanksgiving

4. Supplication

Your own need

Intercession

Meditation of the Word & Prayer: Day 2

Read Ephesians 4:19-20. What does God speak to you? What is your response to the Lord?

Write your own prayer with the following guideline:

1. Adoration

2. Confession

3. Thanksgiving

4. Supplication

Your own need

Intercession

Meditation of the Word & Prayer: Day 3

Read Ephesians 4:19-23. What does God speak to you? What is your response to the Lord?

Write your own prayer with the following guideline:

1. Adoration

2. Confession

3. Thanksgiving

4. Supplication

Your own need

Intercession

Meditation of the Word & Prayer: Day 4

Read 1 Corinthians 9:24-25. What does God speak to you? What is your response to the Lord?

Write your own prayer with the following guideline:

1. Adoration

2. Confession

3. Thanksgiving

4. Supplication

Your own need

Intercession

Meditation of the Word & Prayer: Day 5

Read Galatians 5:22-23. What does God speak to you? What is your response to the Lord?

Write your own prayer with the following guideline:

1. Adoration

2. Confession

3. Thanksgiving

4. Supplication

Your own need

Intercession

Meditation of the Word & Prayer: Day 6

Read Colossians 1:28-29. What does God speak to you? What is your response to the Lord?

Write your own prayer with the following guideline:

1. Adoration

2. Confession

3. Thanksgiving

4. Supplication

Your own need

Intercession

Session 8 – Loving God with All Your Strength II: **Growing Healthy Bodies**

Core Truth

What role does the body have in our loving God?

There are two opposite errors we tend to make regarding the body. On the one hand, at times in Christian history we have adopted a wrongheaded asceticism that assumes the body is inherently evil and therefore is to be punished through rigid self-denial. On the other hand, the current error is to worship the body as an end in itself which leads to a life of sensuality and self-gratification. Biblically the body is the dwelling place of the Holy Spirit. The body is to be released to the Spirit's control and discipline so that our natural inclinations are brought in line with God's impulses.

1. Identify key words or phrases in the question and answer above, and state their meaning in your own words.

2. Restate the core truth in your own words.

3. What questions or issues does the core truth raise for you?

Memory Verses: 1 Corinthians 6:19-20 (NASB)

¹⁹ Or do you not know that your body is a temple of the Holy Spirit who is in you, whom you have from God, and that you are not your own?

²⁰ For you have been bought with a price: therefore glorify God in your body.

Our Scripture memory verses take us to Paul's classic statement of the place of the body in our spiritual life. In the midst of addressing the mores of sexual immorality that dominated pagan Greek culture and worship, Paul teaches us about the Lord's relationship to our bodies as well as what it means to view our bodies as instruments of righteousness.

1. Putting it in context: Read 1 Corinthians 6:12-18. Restate in your own words the argument that Paul makes against the sexual immorality of uniting our bodies with a prostitute.

2. The memory verses are 1 Corinthians 6:19-20. Copy the verses verbatim.

3. Take some time to meditate on Paul's statement, "Your body is a temple of the Holy Spirit." What feelings does this evoke in you?

4. What are some of the implications of this statement for the way we are to live our lives?

5. How do you honor God with your body?

6. In spirit of confession, think about how you might currently be dishonoring God with your body. What change might the Lord be asking you to make to bring your bodily response in line with your inner loyalty to God?

Meditation of the Word & Prayer: Day 1

Read 1 Corinthians 3:10-17. What does God speak to you? What is your response to the Lord?

Write your own prayer with the following guideline:

1. Adoration

2. Confession

3. Thanksgiving

4. Supplication

Your own need

Intercession

Meditation of the Word & Prayer: Day 2

Read Galatians 2:20. What does God speak to you? What is your response to the Lord?

Write your own prayer with the following guideline:

1. Adoration

2. Confession

3. Thanksgiving

4. Supplication

Your own need

Intercession

Meditation of the Word & Prayer: Day 3

Read Genesis 2:7. What does God speak to you? What is your response to the Lord?

Write your own prayer with the following guideline:

1. Adoration

2. Confession

3. Thanksgiving

4. Supplication

Your own need

Intercession

Meditation of the Word & Prayer: Day 4

Read John 2:12-22. What does God speak to you? What is your response to the Lord?

Write your own prayer with the following guideline:

1. Adoration

2. Confession

3. Thanksgiving

4. Supplication

Your own need

Intercession

Meditation of the Word & Prayer: Day 5

Read 1 Corinthians 5:42-44. What does God speak to you? What is your response to the Lord?

Write your own prayer with the following guideline:

1. Adoration

2. Confession

3. Thanksgiving

4. Supplication

Your own need

Intercession

Meditation of the Word & Prayer: Day 6

Read 1 Corinthians 6:12-20. What does God speak to you? What is your response to the Lord?

Write your own prayer with the following guideline:

1. Adoration

2. Confession

3. Thanksgiving

4. Supplication

Your own need

Intercession